



DEFINITION

Asthma has usually been divided into two categories: Extrinsic- an immunologically mediated condition and Intrinsic. We will focus on the intrinsic type. Intrinsic induced asthma symptoms are due to factors that include chemicals such as food additives, pollution, cold air, exercise, infections, stress and emotional upset. The body responds to these factors by releasing chemical mediators. These mediators are responsible for broncho constriction, mucous production and other signs and symptoms.

At LaBlanc Chiropractic Clinic... we help patients with asthma through manipulations and nutritional therapy.

KEYS TO NUTRITIONAL THERAPY FOR TREATMENT OF ASTHMA SYMPTOMS ARE THE FOLLOWING:

- Omega 3 and Omega 6 essential fatty acids
- Antioxidants including vitamins A, C and E as well as zinc, selenium and copper.
- Also, Aloe Vera, Green Tea, Quercetin and Grapeseed Extract. We have a product available called DYNAMIC GREENS with MANGOSTEEN (rich in phytochemicals and polysaccharides that combine as a source of antioxidants). It is a powder that is mixed with cold water. One serving has an ORAC (Oxygen Radical Absorbance Capacity) value of over 9000!

If you or someone you know suffers from asthma or asthma related symptoms, please call us at: 262-784-4451 or e-mail us at: info@lablancchiropractic.com.

NOTE:

An acute asthma attack should be treated as a medical emergency and immediate emergency care may be warranted.

